Summer Free Meals Men	u				
Monday	Tuesday	Wednesday	Thursday	Friday	
7/7/25	7/8/25	7/9/25	7/10/25	7/11/25	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
_		WG Muffin & Mozz	Yogurt Cup & Vanilla		
Whole Grain Banana	Bacon, Egg, Cheese	String Cheese or	Graham Cracker or		
Bread or Cereal	Bagel or Cereal	Cereal	Cereal	Closed	
½ cup juice	½ cup juice	½ cup juice	½ cup juice		
½ cup fruit	½ cup fruit	½ cup fruit	1∕₂ cup fruit		
Lunch	Lunch	Lunch	Lunch	Lunch	
	Italian Dunker w/	Chicken Tenders w/			
Hot Dog & Chips	Sauce	Garlic Knot	Cheese Tortellini w/ Sauce	Closed	
Apple Slices	Grapes	Pineapple	Fruit Slushie		
Carrots	French Fries	Broccoli	Cucumbers		
7/14/25	7/15/25	7/16/25	7/17/25	7/18/25	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
		WG Muffin & Mozz	Yogurt Cup & Vanilla		
Whole Grain Banana	Bacon, Egg, Cheese	String Cheese or	Graham Cracker or		
Bread or Cereal	Bagel or Cereal	Cereal	Cereal	Closed	
½ cup juice	½ cup juice	½ cup juice	½ cup juice		
1/2 cup fruit	½ cup fruit	1/2 cup fruit	1∕₂ cup fruit		
Lunch	Lunch	Lunch	Lunch	Lunch	
Hamburger (Cheese)					
& Chips	Individual Pizza	Frito Nachos	Orange Chicken w/ Rice	Closed	
Apple Slices	Grapes	Pineapple	Fruit Slushie		
Carrots	French Fries	Broccoli	Cucumbers		
Meals are free for all kids	under 19 years old. 1 entre	e for breakfast, plus fruit	t, juice & milk - 1 entree for lunc	ch, plus fruit, veggie, & mill	
Adults can eat breakfast for \$3.10 or Lunch for \$5.50. Menus are Subject to Change					

7/21/25	7/22/25	7/23/25	7/24/25	7/25/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
		WG Muffin & Mozz	Yogurt Cup & Vanilla	
Whole Grain Banana	Bacon, Egg, Cheese	String Cheese or	Graham Cracker or	
Bread or Cereal	Bagel or Cereal	Cereal	Cereal	Closed
½ cup juice	½ cup juice	½ cup juice	½ cup juice	
1 cup fruit	½ cup fruit	½ cup fruit	½ cup fruit	
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Patty			Penne & Meatsauce w/	
Sandwich & Chips	Stuffed Crust Pizza	Walking Tacos	Breadstick	Closed
Apple Slices	Grapes	Pineapple	Fruit Slushie	
Carrots	French Fries	Broccoli	Cucumbers	
7/28/25	7/29/25	7/30/25	7/31/25	8/1/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Breakfast	Breakfast	Breakfast WG Muffin & Mozz	Breakfast Yogurt Cup & Vanilla	Breakfast
Breakfast Whole Grain Banana	Breakfast Bacon, Egg, Cheese			Breakfast
		WG Muffin & Mozz	Yogurt Cup & Vanilla	Breakfast Closed
Whole Grain Banana	Bacon, Egg, Cheese	WG Muffin & Mozz String Cheese or	Yogurt Cup & Vanilla Graham Cracker or	
Whole Grain Banana Bread or Cereal	Bacon, Egg, Cheese Bagel or Cereal	WG Muffin & Mozz String Cheese or Cereal	Yogurt Cup & Vanilla Graham Cracker or Cereal	
Whole Grain Banana Bread or Cereal ½ cup juice	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice	WG Muffin & Mozz String Cheese or Cereal ½ cup juice	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice	
Whole Grain Banana Bread or Cereal ½ cup juice ½ cup fruit	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice ½ cup fruit	WG Muffin & Mozz String Cheese or Cereal ½ cup juice ½ cup fruit	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice ½ cup fruit	Closed
Whole Grain Banana Bread or Cereal ½ cup juice ½ cup fruit	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice ½ cup fruit Lunch	WG Muffin & Mozz String Cheese or Cereal ½ cup juice ½ cup fruit Lunch Chicken Tenders w/	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice ½ cup fruit	Closed
Whole Grain Banana Bread or Cereal ½ cup juice ½ cup fruit Lunch	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice ½ cup fruit Lunch Italian Dunker w/	WG Muffin & Mozz String Cheese or Cereal ½ cup juice ½ cup fruit Lunch Chicken Tenders w/	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice ½ cup fruit Lunch	Closed Lunch
Whole Grain Banana Bread or Cereal ½ cup juice ½ cup fruit Lunch Hot Dog & Chips	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice ½ cup fruit Lunch Italian Dunker w/ Sauce	WG Muffin & Mozz String Cheese or Cereal ½ cup juice ½ cup fruit Lunch Chicken Tenders w/ Garlic Knot	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice ½ cup fruit Lunch Cheese Tortellini w/ Sauce	Closed Lunch
Whole Grain Banana Bread or Cereal ½ cup juice ½ cup fruit Lunch Hot Dog & Chips Apple Slices Carrots Meals are free for all kids	Bacon, Egg, Cheese Bagel or Cereal ½ cup juice ½ cup fruit Lunch Italian Dunker w/ Sauce Grapes French Fries	WG Muffin & Mozz String Cheese or Cereal ¹ / ₂ cup juice ¹ / ₂ cup fruit Lunch Chicken Tenders w/ Garlic Knot Pineapple Broccoli	Yogurt Cup & Vanilla Graham Cracker or Cereal ½ cup juice ½ cup fruit Lunch Cheese Tortellini w/ Sauce Fruit Slushie Cucumbers	Closed Lunch Closed